

MISSION AKRON 2021

WHAT TO BRING LIST

Suggested Sleeping Items

- Air mattress/Cot
- Sleeping bag
- Blankets / sheets
- Pillow

Clothing

- Work clothes
- Casual clothes
- Work shoes/boots
- Walking shoes/tennis shoes
- Sandals/shower shoes

Toiletries

- 2 towels
- Deodorant
- Hair Brush/Comb
- Soap
- Shampoo
- Deodorant
- Toothpaste
- Toothbrush
- Shower Bag
- Deodorant

Miscellaneous

- Bible (a physical one...you won't have your phone)
- Pen/Pencil for devotions
- Sunscreen
- Sunglasses
- Bug Spray
- Work Gloves
- Prescriptions
- Snack foods
- Water Bottle
- Umbrella and/or Poncho
- Extra pair of shoes
- Trash bag(s) for dirty/muddy clothes
- Spending money for fun day

WHAT **NOT** TO BRING LIST

- No illegal drugs or alcohol or tobacco
 - No weapons (knives, guns, etc.)
 - No energy drinks (Monster, Red Bull, etc.)
 - No video game systems
 - No leggings as pants or short shorts
 - SHORTS MUST BE **AT LEAST MID THIGH**
 - No girls Nike running shorts
 - No cut off t-shirts
 - Medication must be turned in and it will be given to you based on need
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- Cell phones and/or tablets are not allowed on the trip. They will be collected at the start of the trip on Sunday, July 11 and held on to until July 17.

***This is a non-negotiable policy.**

CONTACT

Mikey will be available to contact 24/7 during the trip in case of emergency

Mikey McVey
cell: 330-603-0985